





IF THE WALLS of A TRAUMA REDUCING, SAFE, HEALTHY CONNECTED SPACE COULD TALK, THEY MIGHT SAY, LOOK LIKE, FEEL, OR SEE ...

(Of course, these are by no means exhaustive or prescriptive- and there might be one, two, or multiple present; and each one might be entangled and have many layers and nuances within them- and they might vary depending on the person, the time, the perspective, and many more factors)



