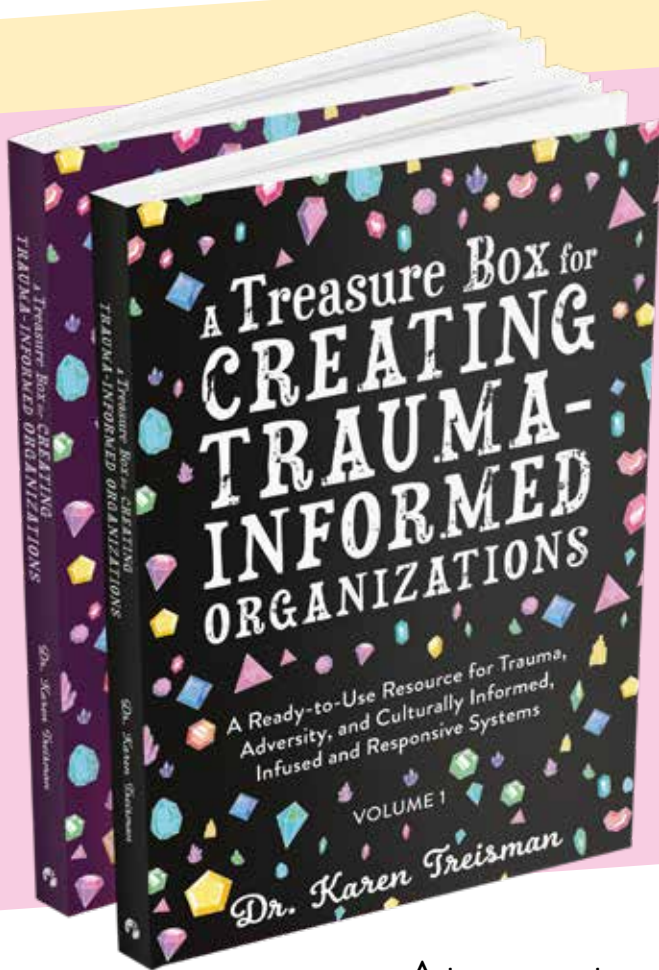


# Introducing

## A Treasure Box for **CREATING TRAUMA- INFORMED ORGANIZATIONS**

A Ready-to-Use Resource for Trauma,  
Adversity, and Culturally Informed,  
Infused, and Responsive Systems



- A treasure-trove of ideas and knowledge split into two comprehensive and colourful volumes! Providing a one-stop resource to support organisations and systems of all kinds on their ongoing journey to become more meaningfully trauma, adversity and culturally; informed, infused and responsive.
- The goal of this resource is to support organisations to embody and infuse the values, theories and principles of trauma informed practice into the daily practice and whole fabric of your organization. Brought alive by real world practice case studies, reflective examples and colourful infographics.



Jessica Kingsley  
Publishers

Written by Dr Karen Treisman, an award-winning specialist Clinical Psychologist, MBE, Tedx speaker, trainer, and organizational consultant.

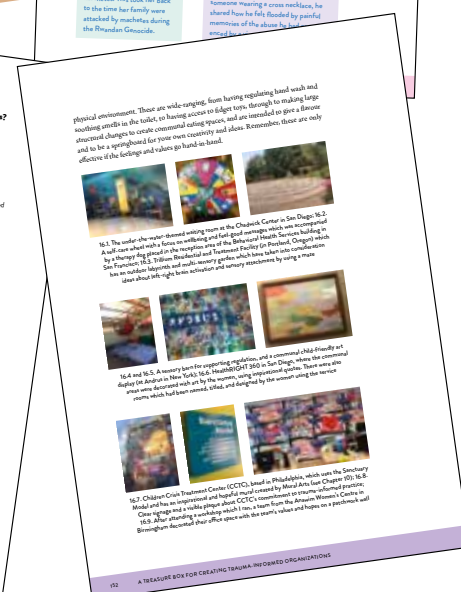
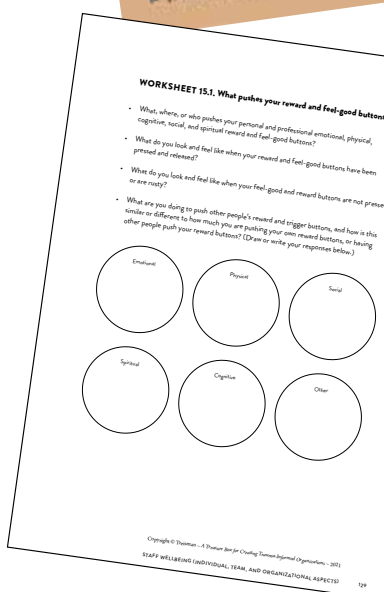
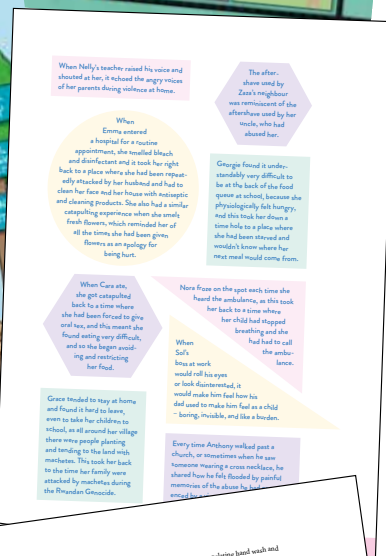
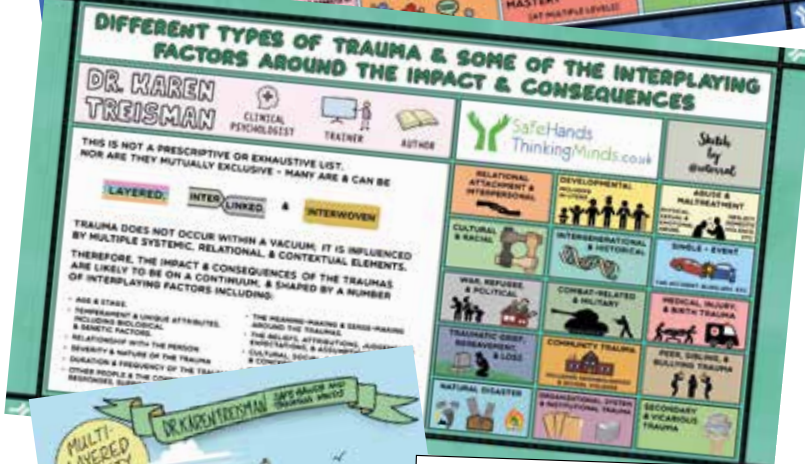
Dr Treisman covers organisational trauma and traumatised unhealthy systems, a little addressed topic that needs greater attention.

Every chapter contains a huge array of colour photocopyable worksheets, downloadable materials, practical ideas, reflective questions, and exercises ready to use both individually and organizationally.

There are contributors from all over the world within different contexts, from prisons to social care to schools to residential homes and much more, which illustrate how to take the ideas and apply them into real world practice.

Covering guidance on policies, recruitment, supervision, language, cultural humility, co-production, team meeting ideas, staff wellbeing and more, this is the ultimate treasure trove for getting your organization truly and meaningfully trauma-informed.

Presented in a bright and easy to understand way



**The volumes are split into 3 parts:**

## **PART 1**

**Individual and organizational trauma: what this means and the rationale for change**

Part 1 covers topics including:

- The Key Elements of Trauma and its Impact
- Understanding the Processes, Importance, and Impact of Organizational Trauma
- Organizational Adverse Experiences, and Traumatized Systems
- The Rationale, Ingredients, and Terms of Adversity, Culturally, and Trauma-Informed Organizations
- Baseline and Readiness Assessment

## **PART 2**

**Values and principles**

Part 2 covers topics like:

- Safety and Trust
- Relationships, Connections, and Humanizing Services
- Curiosity, Reflectiveness, Empathy, Compassion, and Understanding
- Strengths, Hope, and Resilience
- Cultural Humility and Responsiveness
- Agency, Mastery, Choice, and Voice
- Communication, Collaboration, and Transparency

## **PART 3**

**Trauma, adversity, and culturally informed ideas applied in real-world practice**

Part 3 covers topics like:

- The Power of Language
- Leadership and Management
- Supervision, Reflective Practice, and Team Meetings,
- Staff Wellbeing (Individual, Team, and Organizational Aspects)
- The Physical Environment
- Training, Building Momentum, and Forming Working Groups
- Trauma-Informed Policies, Recruitment, Induction, and Disciplinary Processes
- Practice and Real-World Examples

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